HALIFAX C C NEWS WORTH SHARING.





Taking his game even higher

Back from Canadiens camp, Zach Fucale is confident and ready to lead the Mooseheads





THE COMEDY OF MISTAKES

From left: Jeremy Webb as Duke Solinus, Andrew Scanlon as Angelo, Jeff Schwager as Dromio of Ephesus and Stephen Gartner as Antipholus perform a scene on Tuesday in Neptune Theatre's season-opening production of The Comedy of Errors. The Shakespeare play opens on Friday. Story, page 10 JEFF HARPER/METRO

Campaigns to hit city hall?

Be our guests. Mayor Savage wants party leaders to come to regional council

The three party leaders in Nova Scotia will be asked to drop in on Halifax City Hall in the next couple of weeks.

During Tuesday's weekly council meeting, Mayor Mike Savage suggested inviting Darrell Dexter, Stephen McNeil and Jamie Baillie to discuss the relationship between HRM and the province — and their plans if they become the next premier.

"We've identified some priorities for HRM and I'm proposing we share those with the party leaders and ask them to come for 15 or 20 minutes and speak to us," said Savage.

Councillors enthusiastically supported the idea.

"It's paramount they express what their vision is," said Coun. Lorelei Nicoll. "We are 45 per cent of the population and 55 per cent of the economy for the province."

Put our service to the test

"We will be polite hosts to our guests."

Mayor Mike Savage

Savage said he didn't want the session to be an inquisition, and would want to amend normal council rules to prevent questions after the presentations.

Coun. David Hendsbee said he'd want some opportunity for questions.

"Î have rural issues in the municipality that may be quite different than urban issues, and I think that some of them are quite unique," he said.

Savage said a document would be drawn up and circulated to council before the leaders' appearance for councillors to suggest add-ons.

Hendsbee also suggested having all three leaders appear together, rather than individually.

Savage said that could be accommodated, but reiterated that it would not become a debate. RUTH DAVENPORT/METRO

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Social justice

School to review fate of historic Infant's Home

After Saint Mary's University said they are looking into "alternative uses" for the former Halifax Infant's Home on Tower Road, some are hoping the building becomes a place for gender equality and social justice.

Steve Proctor, spokesperson for Saint Mary's, said there has been an "ongoing discussion" around the fate of the building since the school began receiving petitions and letters of concern when it was announced the building would be demolished this fall.

After internal work is done to address health issues in the building in a couple weeks, Proctor said Saint Mary's will "relook" at whether there are opportunities to keep the building open.

Stella Lord, a retired women's studies professor at the school, said saving the Victorian house would go "a long way to demonstrating respect for women's history."

Lord said the home should meet the "social needs of young women" and be a place where faculty, students and community members could discuss equality, diversity and civic engagement.

Daren Miller, a Calgary businessman who returned his degrees to Saint Mary's Tuesday over a rape chant, walked to the Infant's Home with Lord and others to protest its demolition.

Miller said he would like to see the home be a "safe haven" for women in Halifax once again.

HALEY RYAN/METRO

SMU alumni dumps his degrees in protest

Ashamed of reputation.

Calgary businessman returns degrees to Saint Mary's, urges president to step down



HALEY RYAN haley.ryan@metronews.ca

In the cool air of Tuesday morning, Daren Miller leaned his two degrees from Saint Mary's University against the fence around the former Halifax Infant's Home and walked away.

Miller, a chartered financial analyst living in Calgary, flew to Halifax to return his bachelor of arts and bachelor of commerce degrees to Saint Mary's in the wake of a prorape chant caught on video during frosh week.

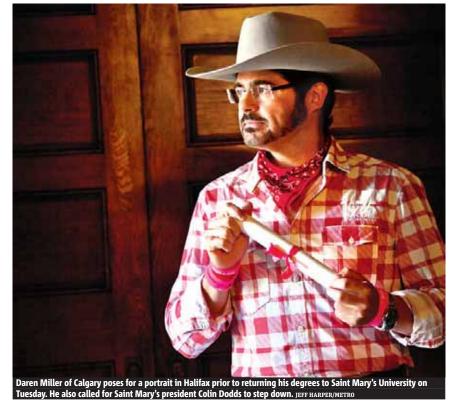
Hundreds of first-year students were led in a chant spelling out "young," with lines like "U is for underage, N is for no consent."

Saint Mary's registrar Paul Dixon greeted Miller and accepted the degrees after they were placed against the fence.

"I feel very sad having done it. It represented five years of extremely hard work," said Miller, who graduated in 1995.

The degrees will also be removed from his resumé, Miller said, because he wanted to distance himself from the culture of misogyny at the university.

Miller called for Saint Mary's president Colin Dodds to step down on Tuesday, and



have the school hire someone with experience handling "damaged reputations" because a culture shift can only happen with "change at the top."

"The university respects his right to protest," said university spokesperson Steve Proctor, who added Miller had turned down Dodds's invitation of a private meeting.

Miller said despite his own feelings, turning over the degrees was also to stand

'Valueless'

"To me those degrees are valueless."

Daren Miller, Saint Mary's alumni who returned his degrees in an act of condemnation

with those who feel "marginalized" at Saint Mary's and with victims of sexual abuse across the country.

"For me, this will go away," Miller said. "For ... someone who has been abused, that will live with them their entire lives."

Miller said he is "under no illusion" that rape jokes and sexist behaviour are just a Halifax problem.

"My idea of Canada does not include this rape culture. I was absolutely shocked to see something like this in 2013," Miller said. "I think men need to understand, particularly on a campus scene, that no means no."

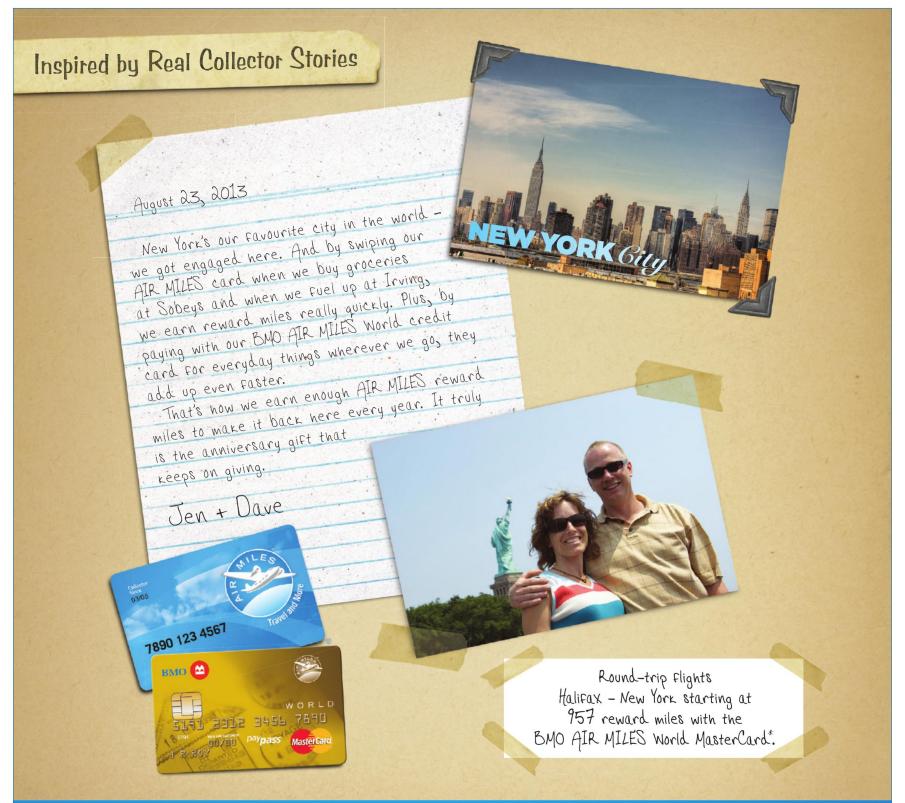


My mom taught me...

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metronews.ca Wednesday, September 18, 2013 metr⊕

There's more to the Green Party than just being green, leader says

In the past. Party has never won a seat in N.S. legislature



John Percy says the Green party is notoriously characterized as a one-issue party, and this election campaign is about convincing Nova Scotians otherwise.

The Green leader said Tuesday his party's platform is focused on three main issues: a healthy economy, community and environment.

You can't have one thing stand without the others, Percy told party supporters at the Lord Nelson Hotel.

But the Greens are few in numbers this election. Percy said it currently has about 15 candidates and hopes to have roughly 25 by the cutoff date on Sept. 24. There are 51 seats in the legislature.

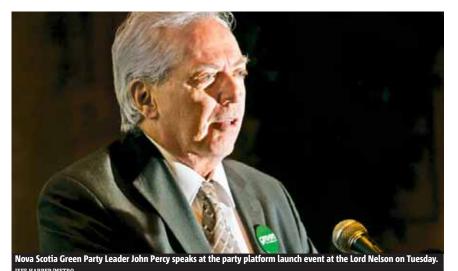
In the previous two elections in 2006 and 2009, the party boasted a full slate.

"Unfortunately, we don't have the financial resources to do that," said Percy, adding that the nomination fee has doubled this election to \$200, which means a party planning to run a full slate needs at least

"It makes it very difficult to enter into the political arena in this province.

Sackville-Cobequid candidate said he plans to launch a formal challenge against the fees and ultimately wants it waived completely, saying it prevents smaller parties from running an effective campaign.

Nevertheless, Percy said his party is hitting the ground running ahead of the Oct. 8



Percy said he plans to travel the province and speak with voters directly, "one person at

Federal Green Leader Elizabeth May, who was in Halifax as part of a cross-country

democracy campaign, told the room that even one Green MLA in the legislature can make a big difference.

- Require environmentalprotection policies and regulations are supported by adequate enforcement.
- Start discussing guaranteed annual income.
- Establish a more comprehensive food security strategy.
- Establish a food policy council to advise the premier.
- Subsidize efficiency renovations on homes. especially for lower income households.
- Require improved energy efficiency on new provincial building construction.



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Baillie promising drivers a break at the gas pump

Jamie Baillie promised to give Nova Scotia's drivers a fourcents-per-litre break at the pumps Tuesday in his hometown of Truro.

The Progressive Conservative party leader stopped at Wilson Gas Stops on Walker Street to fill up, then announced he plans to eliminate the tax-on-tax drivers currently pay.

"First of all, it gives Nova Scotians a break on gas and they really need one," Baillie said. "But secondly, I think it's immoral to charge tax on top of another tax. It's not right and we have it in our own hands as a new PC government to eliminate it and that's what I intend to do."

Currently, drivers pay 25.5 cents per litre tax on gas, with 15 per cent HST charged on top of that. Baillie said he plans to cut the province's



10 per cent portion of the tax and lower HST to 13 per cent, giving drivers a four-centsper-litre discount.

Gas is currently selling for \$1.33 per litre.

The cuts would mean \$25 million in savings. Nova Scotians currently buy 1.1 billion litres of gas per year.

Saving money on gas is something Truro resident Robert Murphy, who was filling up just moments after the announcement, said he would love, but was skeptical about what Baillie was saying.

"I feel the oil companies dictate whatever price they want to put on it," the 50-year-old said.

Murphy said he felt Baillie's promise was only an attempt to earn votes.

"They promise the world and it's just a way of manipulating the voting public," he said. TRURO DAILY NEWS



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Promise of inquiry into alleged abuse lauded

Nova Scotia Home for Colored Children.

Advocate applauded pledge by Tories and Grits to launch an inquiry into allegations

Promises by Nova Scotia's opposition parties to launch a public inquiry into abuse allegations at a Halifax orphanage were lauded Tuesday by an advocate for former residents of the home.

Tony Smith said he isn't endorsing the Liberals or Progressive Conservatives in their bid to win the provincial election, but he supports their calls for an inquiry and would prefer to see either of them elected ahead of the NDP.

"If any opposition to this government wants to support us to get to the healing process, then I say anybody but (Premier Darrell) Dexter," said Smith.

Smith spoke out following a news conference by Liberal Leader Stephen McNeil, where he committed to calling an inquiry into accusations that children at the Nova Scotia Home for Colored Children were abused for decades.

"I believe it is vitally important that the Province of Nova



Scotia move ahead with an inquiry into this matter and it must be an immediate priority for any new government after this election," McNeil said.

He said an inquiry with the power to subpoena witnesses would be the best way of ensuring that those who need to answer questions about what is alleged to have happened at the orphanage do so.

McNeil has previously called for such an inquiry, as have the Tories, who also said Tuesday they would appoint an independent expert or experts to draft the terms of reference for such a probe.

Smith's group, the Victims of Child Exploitation Society, has been at odds with the NDP government since its decision earlier this year to strike a panel to review the abuse allegations. The premier has said the panel would serve the same purpose as an inquiry, a position Smith disputes. THE CANADIAN PRESS

Dirty campaign tricks?

Police investigate NDP complaint of threatening emails

Halifax police are investigating a complaint from Nova Scotia's governing New Democrats alleging they received threatening emails from an anonymous source during the second week of the provincial election campaign.

The NDP issued a statement Tuesday suggesting the emails could be part of a politically motivated dirty tricks campaign in advance of the Oct. 8 election.

The statement from party president David Wallbridge says the NDP received two threatening emails, one on Monday and a second on Tuesday. The party decided to lodge a complaint with police because the first email threatens an "unidentified action against the NDP," he said.

"The NDP is very concerned, not just about the possible threat in the emails, but by the fact that they contained anonymous and false allegations that were widely reported and tweeted by mainstream media," the statement says. "This gives a clear appearance that the email may have been a politically motivated dirty campaign trick."

The first email to the NDP accused the party of dominating and manipulating

political discussions on Twitter and other social media websites by using automated accounts and paid staff to spread misinformation. The party has denied using such tactics.

The emails purport to come from Anonymous, a loosely organized online hacking group. One email said the party had 72 hours to stop the alleged tactics or "additional information will be released."

THE CANADIAN PRESS

Economic growth. Dexter, McNeil spar over study

The Liberals say a Royal Bank economic study on the province's economy this year is evidence that the New Democrats are poor fiscal stewards, but Premier Darrell Dexter says the report's forecast for next year solidifies his position that it will take time for job growth.

The study released Tuesday says Nova Scotia's rate of growth for this year will be 1.2 per cent, tied with Prince Edward Island for the second-lowest in the country. The report blames a delay in the Deep Panuke offshore natural gas project and a sluggish local economy for the low growth rate.

Liberal Leader Stephen Mc-



unfounded.

believes the report is further proof that the NDP government's forecast of a surplus for this fiscal year is

Neil says he

But Dexter said the report's prediction of a 2.3 per cent increase in economic growth for next year confirms his position that it will take time for Nova Scotia to create jobs in areas such as construction, technology and shipbuilding.

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Bird-lars. Cops at a loss to explain parrot snatching



Halifax Regional Police can't explain this one.

Police are looking for two men after a parrot worth an estimated \$2,600 was stolen from the Pets Unlimited in Bedford Common on Monday night around 7 p.m.

"I've never heard of theft of a parrot before," said spokesman Const. Pierre Bourdages. "I'm at a loss as to why someone would take a parrot."

Police say one of the men kept staff busy while the other entered the parrot enclosure and took the blue front Amazon named Schooner. When staff tried to stop the suspect from taking the bird, police say the other man blocked them.

"We believe they were working together to distract the staff and make way with the parrot," Bourdages said.

Surveillance images of the suspects have surfaced and police are urging anyone with information to contact police or Crime Stoppers.

Police describe one suspect as a man between 30 and 35, with short brown hair and a full dark brown beard. He was wearing a black hooded sweatshirt with Juggalo written in red on the front.

The other man is described as being between the ages of 40 and 45, about 200 pounds, with short grey hair. He was a wearing a light blue T-shirt and black vest.

Bourdages said he's hopeful whoever took the exotic pet is looking after it, as the parrot isn't meant to live in cold temperatures.

PHILIP CROUCHER/METRO



City staff to revisit camping rules

Occupy's shadow.

Red Cross, Shelter Nova Scotia recently banned from camping in city parks

Two years after the controversial eviction of Occupy Nova Scotia protesters from Victoria Park, HRM is looking at a new framework for regulations regarding camping in city parks.

Coun. Waye Mason tabled a motion for a staff report into a framework that would allow non-profit organizations to apply for camping permits in designated parks once a year — with no more than

Feeling left out

"I don't want to be the only municipality in the country where the Red Cross cannot set up their simulated shelter for refugees and have high school students camp out in a municipal park."

Coun. Waye Mason

one opportunity per park per quarter.

"There have been some issues because of the Occupy situation ... where not-for-profits ... have been having difficulty finding opportunities in HRM parks for one and two night camps," said Mason.

Some councillors opposed the request, saying current bylaws are adequate to limit camping in city parks — and worried about people exploiting the proposed rules.

"There are hundreds and hundreds if not thousands of non-profit groups ... so I prefer to have it the way that they go in and have special permission," said Coun. Linda Mosher

Director of Public Works Ken Reashor said the Red Cross and Shelter Nova Scotia had camping requests declined recently due to "slippery slope" concerns.

"Our bylaw and police services had concerns that if we start to allow these, even though they're non-profit, camping is camping and we know we've had problems in the past," Reashor told councillors.

Mason said the proposed framework would provide clarity for staff and residents.

"This enables us to come up with a framework that says one day at Victoria Park, once a year, maybe it's OK; 100 is not," he said.

The request for a staff report was approved, 13-4. RUTH DAVENPORT/METRO

Crosswalk. Woman struck, bus driver charged

A Metro Transit bus driver has been charged after a woman was struck in a marked crosswalk on Tuesday morning.

The accident happened just before 8 a.m. at the intersection of Wyse Road and Thistle Street.

The victim, a 26-year-old woman, was crossing Wyse Road in the crosswalk when police say she was hit by the

Charge

The 48-year-old female driver has been charged with failing to yield to a pedestrian in a crosswalk.

bus turning onto Wyse Road. The woman was treated on scene for minor injuries. METRO

Junior high school. Fire 'suspicious': School board

Students at Graham Creighton Junior High were sent home early Tuesday after a small fire set off the sprinkler system.

Doug Hadley, spokesperson for the Halifax Regional School Board, said the call came in around 10:40 a.m. after a fire had been found in one of the boy's washrooms.

Hadley said fire officials were investigating Tuesday, and he wasn't sure how big the fire was or where exactly it began in the washroom.

"We don't expect there to be any long-term damage," Hadley said.

Hadley said the school board will soon conduct their own investigation into how the fire started.

"At this point we don't have any reason to believe this was a building failure, so it's suspicious in our minds," Hadley said. BALEY RYAN/METRO

Residents may be saved from storm-sewer bill Halifax regional council has basement flooding along through no fault of their ow

Halifax regional council has asked city staff to explore funding options for stormsewer infrastructure that doesn't include contributions from residents.

In February, council approved a funding structure that shared the cost of new infrastructure equally between Halifax Water, HRM, and residents.

The first project to be paid for by the new model was the installation of a deep storm sewer to address recurring basement flooding along the southern portion of Cow Bay Road. Cost estimates suggested each homeowner would be on the hook for more than \$14,000.

"The residents overwhelmingly said no to any participation in a local improvement charge," said Coun. Bill Karsten, asking council to rescind February's motion and consider alternatives.

Some councillors balked at rescinding the motion,

Loud and clear

100

Per cent of survey respondents who were against the infrastructure charge

noting residents in Giles Drive and Monarch-Rivendale were forced to pay for infrastructure upgrades.

"People on fixed incomes and disability, in most cases, lost their drinking water through no fault of their own, and we certainly hit them with (a local improvement charge) against my wishes," said Coun. Tim Outhit.

Council eventually passed the motion to rescind February's motion approving the three-way funding split.

Council then passed a motion asking city staff to explore revised funding options, including one that doesn't include resident participation.

RUTH DAVENPORT/METRO



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Wednesday, September 18, 2013

Putting a different spin on a Shakespeare classic

Neptune Theatre.

The Comedy of Errors opens Friday at 7:30 in Fountain Hall



From classic plays to Canadian comedy, this season at Neptune Theatre represents a cross-section of theatre classics and soon-to-be favourites.

It all kicks off on Friday with The Comedy of Errors, a famous Shakespeare farce set on a Greek island. It tells the story of two sets of identical twins that are continually mistaken for one another.

But there's a glaring difference between Neptune's production of the play and the famous playwright's: This version is set in 1974.

"I moved it up to 1974 to give it a different spin to it," said director George Pothitos, noting that Greece's military dictatorship fell during that year.

"Around the world there were a lot of political events happening to create the upheaval that I think is important in the play ... the chaos on stage echoes the chaos around the world."

In his fifth year as the

Schedule

What's on this season at Neptune Theatre:

- The Comedy of Errors: Sept. 17-Oct. 13
- RED: Oct. 22-Nov. 10
- A Christmas Carol: The Musical: Nov. 26-Dec. 31
- Having Hope at Home: Jan. 14-Feb. 9
- Oil and Water: Feb. 18-March 9
- Mary Poppins: The Musical: April 1-May 25

artistic director at Neptune, Pothitos said this season is his biggest undertaking to date.

"Every year the challenges get bigger in the sense that we get more ambitious," said Pothitos. "We're always rising up to a new challenge."

One of those challenges, he said, was building the set of The Comedy of Errors.

A slice of Greece, it's equipped with a brilliant blue spiralling set of stairs that descend from one of two functioning balconies. A prominent stone-wall church serves as the stage's centrepiece.



"We created a mini corner of Greece right on our stage," said Pothitos.

Some of the more historically beloved productions this season include A Christmas Carol: The Musical and the headline show next spring,

Walt Disney's classic Mary Poppins.

A scene Tuesday from Neptune Theatre's production of The Comedy of Errors. The play opens on Friday night. JEFF HARPER/

But Pothitos encouraged theatre enthusiasts and hesitant Haligonians alike to attend the company's other plays, including the Canadian comedy Having Hope at Home.

Quoted

"Every year the challenges get bigger in the sense that we get more ambitious. We're always rising up to a new challenge."

Director George Pothitos

Fenwick MacIntosh responds to sexual-abuse allegations, maintains innocence in letter



The man at the centre of an infamous case of historic sexualabuse allegations says he'd like to see criminal charges filed against some of his accusers.

Ernest Fenwick MacIntosh wrote to provincial Justice Minister Ross Landry on May 25.

In the four-page letter, Mac-Intosh notes that he has always maintained his innocence. At trial, he testified that he had no sexual contact with some of the complainants and had consensual relations with others when they were above the age of consent.

The Cape Breton Post re-

ceived a copy of the letter sent to Landry by mail from MacIntosh, with a return mailing address in Dartmouth but no other contact information. The Post confirmed with a provincial government spokesperson that the letter was sent to Landry. MacIntosh's lawyer, Brian Casey, confirmed that his client wrote the letter.

In the letter, MacIntosh singles out two complainants, who can only be identified as DRS and JH, saying he believes they should be charged with "perjury, with misleading a police investigation, with mis-

chief and with any other relevant charges."

MacIntosh's convictions on 17 counts of sexually abusing multiple young males in the 1970s were quashed by the Nova Scotia Court of Appeal, which found it took too long for the Crown to bring him to trial.

The Supreme Court of Canada upheld the staying of the charges based on delay.

"The appeal court seriously questioned the credibility and collusion of the complainants which the trial judge had 'ignored' and stayed all of the

charges," MacIntosh wrote to Landry.

He also made reference to a number of the complainants as having been found not to be boys when the offences are alleged to have occurred by the trial judges; instead, they were referred to as young men.

"I'm not even mad at him anymore," DRS said in an interview after hearing about the letter, noting he remains angry with attorneys, police and agencies involved with the matter over the years. "He is just a sick human being."

CAPE BRETON POST

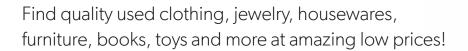


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Wednesday, September 18, 2013

B.C. Kids' watchdog says it's a miracle abused girl branded 'evil' survived

British Columbia's children's watchdog says a girl who was nearly starved to death endured 18 months of horrific abuse after being branded an "evil child" at her grandfather's home in Saskatchewan.

Mary Ellen Turpel-Lafond made the comments Tuesday as she released a report examining the tragic treatment of a three and a half year old aboriginal girl who was moved from B.C. to Saskatchewan, where her mistreatment continued.

Turpel-Lafond said policies and standards for placing vulnerable children in homes across Canada must undergo reviews to better support the needs of kids and families.

She said Children's Ministry officials should have known better than to place the girl with a man who was known as a poor and abusive parent.

The girl was confined to the basement of her grandfather's home, Turpel-Lafond said.

"This child's best interests were never taken seriously, and as a result she was left in a dangerous situation, severely traumatized and emotionally and physically injured."

The girl's grandfather and spouse were sentenced to three years in prison in 2012 for failing to provide the necessities of life for the child, who is currently living in foster care in Saskatchewan.

Turpel-lafond's report said the Children's Ministry in B.C. supported sending the child to another province without doing a proper background check on her grandfather, who had a criminal record for abuse and suffered from addictions.

She said it's a miracle the girl, who now is eight years old, survived her mistreatment. THE CANADIAN PRESS

'Well done!' Righting of Costa Concordia a boost of pride for Italians

The extraordinary righting of the Costa Concordia from its watery Tuscan graveyard has given Italy a boost of sorely needed pride, helping erase the shame many felt after an Italian captain took the cruise ship off course in an apparent stunt, crashed it and then abandoned ship before everyone was evacuated.

It didn't seem to matter that the chief salvage master was from South Africa or that his 500-member crew hailed from 26 different nations. Italy, beset by two years of recession and such political instability that each day brings relief that the government hasn't fallen, had pulled off an unprecedented engineering feat as the world

watched live on television.

"Well done!" retiree Aldo Mattera said Tuesday morning as he surveyed the Concordia, upright for the first time since the Jan. 13, 2012, shipwreck that killed 32 people near Giglio Island.

Premier Enrico Letta also weighed in, emphasizing the importance of restoring the nation's civic pride.

As he personally thanked Franco Gabrielli, the head of Italy's civil protection agency who oversaw the project, Letta said the operation had demonstrated what it means to take responsibility for something, no matter how risky or how high the stakes.

THE ASSOCIATED PRESS

engineering feat as the world THE ASSOCIATED PRESS

The Costa Concordia ship is seen after it was lifted upright on the island of Giglio, Italy, Tuesday. Engineers declared success as the cruise ship was pulled completely upright during a 19-hour operation to wrench it from its side where it capsized last year off Tuscany. Alessandro LA ROCCA/LAPRESSE/THE ASSOCIATED PRESS

Drugs, guns arriving in Canada via mail system

Special delivery.

'A diverse range of contraband goods' are being shipped into the country — in one case, even a rocket launcher

Criminals are using the Canadian postal system to transport illicit goods including guns, grenades, dangerous chemicals and, in one case, even a rocket launcher, says a newly declassified RCMP report.

Counterfeit items — from fake Olympic hockey sweaters to bogus passports — as well as drugs such as cocaine and heroin are also arriving in the country through Canada Post, says the criminal intelligence report.

It calls for greater collaboration between police and postal officials to detect suspect parcels, noting legislation limits the ability of police to search and seize mail.

"There is a diverse range of contraband goods being shipped through the Canadian postal system, some of which pose a risk to the safety of Canadians," says the November 2012 report, which draws on information from more than a dozen police forces and Canada's border agency.

Handguns, ammunition, brass knuckles, body armour, hand grenades, stun guns and signal-jamming devices are being shipped to Canada from abroad, says the report.

"In one instance, a rocket launcher was even found entering through the mail."

The main entry points for mail shipments of weapons are the cargo facilities at the Toronto and Vancouver inter-



Canada Post vehicles sit outside a depot in Montreal in this file photo. Criminals are using the Canadian postal system to transport illicit goods including guns, grenades, dangerous chemicals and, in one case, even a rocket launcher, says a newly doctorsified PCMP conect.

Quoted

"There's probably more of this going on than we're aware of."

Bruce Herridge, deputy chief of York Regional Police

national airports.

The Canadian Press obtained a copy of the document under the Access to Information Act, though several sensitive passages were deleted. It was prepared by the RCMP's criminal intelligence section for the organized crime committee of

the Canadian Association of Chiefs of Police.

The report helped substantiate what chiefs across the country had been hearing anecdotally, said Bruce Herridge, deputy chief of York Regional Police in Ontario and co-chairman of the committee.

"There's probably more of this going on than we're

Canada Post delivers more than 10.6 billion parcels and letters to 15 million addresses in Canada each year. International mail flows through large plants in the Vancouver, Toronto and Montreal areas. While Canada Post screens low-risk international mail, other items are referred to Canada Border Services Agency personnel on the premises.

Packages containing dangerous goods pose a risk to postal workers, some of whom have been exposed to substances such as sulphur and acetone, says the report. The Peel Regional Police explosive disposal unit is summoned to the international mail centre west of Toronto an estimated 40 times a year to dispose of dangerous items such as dynamite.

THE CANADIAN PRESS

Witness to boy's starvation didn't want to 'cause friction'

A man who witnessed the slow, ultimately fatal starvation of a five-year-old boy at the hands of his grandparents was "bugged," but didn't want to "create friction" by reporting it, he told an inquest Tuesday.

A coroner's inquest into the death of Jeffrey Baldwin heard Tuesday from one of the adults living in the house at the time.

Mike Reitemeier was living in the home with his partner. The inquest was the first time he has spoken publicly about what Jeffrey went through.

In the last few days of Jeffrey's life, the boy was so weakened that he had trouble standing, eating and even holding his head up, Reitemeier said.

"I sort of had it in my head that he wasn't going to, he wasn't going to make it," Reitemeier told the inquest.

Coroner's counsel Jill Witkin asked him if he ever called 911 or children's aid. He hadn't

"I should have," Reitemeier said. "I mean, I torture myself every day since this has happened... I don't know why I didn't do something."

THE CANADIAN PRESS



PQ opens door to 'improving' values charter

Debate over minority rights. Government says it will potentially amend plan before it's tabled as a bill this fall

The Parti Quebecois says it could amend its controversial values charter based on public input it receives before submitting the minority-accommodation plan to the legislature.

The comments come one week after the release of the PQ government's proposals, which has touched off an acrimonious debate on minority rights.

That promise to listen, and potentially amend the religion plan before it's tabled as a bill this fall, echoes statements from the PQ during the summer.

"We're looking at ways to improve the proposal," said Quebec's minister responsible for Montreal, Jean-Francois Lisee, on Tuesday.

"We're listening. It's been less than one week, we're asking people to participate and we'll take these into consideration."

He offered no details on what the potential changes might look like.

Because the current plan has no opposition support the minority government could either water it down, split it in half or preserve the entire thing for use in an election campaign.

As it stands, the government is still defending the plan in its current form. Lisee called it "modern and progressive" and on Tuesday compared the wearing of religious garb to political slogans - which is forbidden for public servants.

"We have already established (public servants') neutrality for other beliefs," Lisee said. THE CANADIAN PRESS



Paddling for a cause

Members of the Squamish Nation paddle a traditional canoe on False Creek during an all-nations canoe gathering, held as part of Reconciliation Week in Vancouver on Tuesday. The Truth and Reconciliation Commission of Canada was formed by the Canadian government with a mandate to learn the truth about what happened in the residential schools and to inform the public. DARRYL DYCK/THE CANADIAN PRESS

Gunman 'heard voices'

The former Navy reservist who killed 12 people at the Washington Navy Yard had been hearing voices and was undergoing treatment in the weeks before the shooting rampage, but was not stripped of his security clearance, officials said.

Aaron Alexis, a 34-year-old information technology employee with a defence contractor, used a valid pass to get into the highly secured installation Monday morning and started firing inside a building, the FBI said. He was killed in a gun battle with police.

U.S. law enforcement officials told The Associated Press that there was no known connection to terrorism and that investigators have found no manifesto or other writings suggesting a political or religious motive.

Alexis had been suffering a host of mental problems, including paranoia and a sleep disorder, and had been hearing voices in his head, according to the officials, who spoke on condition of anonymity because the criminal investigation was still going on. THE ASSOCIATED PRESS





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Q&A

'Stepping stone to the presidency'



How important is the mayor of Paris?

The answer is related to how important Paris is in

France. Being mayor of Paris means managing 2.2 million inhabitants including 50,000 civil servants, and heading a budget of 8 billion euros. Since Jacques Chirac, the position of mayor of Paris is considered a stepping stone to the presidency.

Will this election have an

effect on French politics?

It's a way of weighing in on national policies: Support (if the left wins) or disagreement (if the right wins) towards the government. If NKM wins, she'll be seen as a leader of the future.

Is there too much focus on

the all-female aspect of the race?

This takes attention away from Parisian problems such as pollution, housing, jobs and traffic. But this is not new.

ELISABETH BRAW/
METRO WORLD NEWS IN LONDON

All women in Paris mayor race

Vote. Paris is gearing up for a historic all-female election for mayor one of France's most powerful positions



ELISABETH BRAW

Metro World News in London

Before being elected president of France, Jacques Chirac was mayor of Paris. That illustrates the power of the post. And as the current mayor, socialist Bertrand Delanoë, prepares to step down, the race to succeed him is heating up.

It's attracting more attention than usual, as all the candidates are women. Polls place Delanoë's deputy, Anne Hidalgo, as favourite. But close behind is Nathalie Kosciusko-Morizet, a 40-year-old ex-minister in Nicolas Sarkozy's cabinet. Rounding out the power trio is Green leader Cécile Duflot, a minister in François Hollande's cabinet. Rachida Dati, Sarkozy's glamorous former justice minister, has dropped out of the race.

Hidalgo, 54, suggests that the all-female race — the first-ever for a major political post in France — is no big deal. "Parisians love being one step ahead," she tells Metro.

Because the mayoral seat is considered one of France's most powerful offices — a springboard to the presidency — this election, due in March 2014, is unique. "This race is unusual because the candidates are not household names," explains Philippe Marlière, a professor of French politics at University College London.

"Hidalgo is seen as a good manager, but she's neither well-known nor charismatic. But many famous names were already in major posts, and when it became clear that Hidalgo would run, the conservative UMP party picked Kosciusko-Morizet—also lesser-known."

As the election campaign starts, voters can expect the temperature to rise. Hidalgo's supporters see NKM's upperclass background as a liability, whereas NKM's team will brand Hidalgo a tired Paris City Hall insider. Chirac's wife,

The key players



Anne Hidalgo

Deputy mayor of Paris PS (Socialist Party) **Known as:** Life-long socialist **Age:** 54

Nathalie Kosciusko-Morizet

Ex-minister under Sarkozy's UMP party **Known as:** Upper-class **Age:** 40



Cécile Duflot

Minister of Housing Green Party Known as: Chic green revolutionary Age: 38



Bernadette, who supports her fellow conservative NKM, has already taken to calling Hidalgo "that woman with the dark hair," casting aspersions on the deputy mayor's Spanish roots.





















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Victims' families fight group's quest for standing

Lac-Mégantic disaster.

U.S. bankruptcy trustee says all creditors are already represented at MMA proceedings

The families of some victims of the deadly rail crash in Lac-Mégantic are opposing a Quebec committee's bid for official standing at a railway's bankruptcy proceedings in the United States.

The families of 18 victims of the July 6 derailment and explosion told a U.S. court in Maine that they object to the Quebec group's efforts to be appointed as an official creditors' committee representing the provincial government, the municipality and some wrongful death and personal injury claimants, along with those who had property damage.

"The families who lost loved ones believe they have specific interests that should be defended by their own committee," their lawyer Daniel Cohn said in an interview.

"They welcome help from the government, but they understand that it could (use compensation) for cleaning environmental damage. They want their fair share."

Objections have also been filed from various other par-

ties, including Robert Keach, the court-appointed trustee overseeing Montreal Maine & Atlantic's bankruptcy.

Keach says the committee's appointment is unnecessary because he represents the interests of all creditors, including the victims of the derailment. He adds that recognizing the committee would increase costs and "sap what limited resources of the debtor exist."

THE CANADIAN PRESS



Celebrity spokescat

Shut up and eat the kibble: Grumpy Cat gets food deal

It probably won't affect her mood, but Grumpy Cat now has an endorsement deal. The frown-faced web sensation, real name Tardar Sauce, is now the "spokescat" for a Friskies brand of cat food, Nestle Purina Pet-Care said Tuesday. Photos of Grumpy Cat, her brown and white face in a constant scowl, are a constant presence on social media.

Market Minute







\$105.42 US (-\$1.17)



GOLD \$1,309.40 US (-\$8.40)

Natural gas: \$3.73 US (-1¢) **Dow Jones:** 15,529.73 (+34.95)



Most likely to give you malware

English actress Lily Collins attends the premiere of The Mortal Instruments, City of Bones, on Aug. 22 in Madrid. If you're curious about Lily Collins and head to the Internet to find out more, beware: McAfee has ranked the actress as the most dangerous celeb to search for online. Searches for Collins posed the biggest risk of landing on a malicious site, according to the computer security company; last year Emma Watson topped the list. A person could be led to malware after doing a general search and clicking on dubious links, but risks increased when searchers added phrases like "free apps" or "nude photos." ABRAHAM CARO MARINITIE ASSOCIATED PRESS

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metronews.ca Wednesday, September 18, 2013 metr⊕ **VOICES**

THESE WILL KNOCK YOUR SOCKS OFF

Some addictions are bad for you, e.g. crack cocaine or cracked-pepper potato chips.

Some addictions are good for you, e.g. Iron-Man triathlons.

Some addictions, it's hard to tell, e.g. peanuts and trivia.

An addiction to trivia can have dire consequences for innocent bystanders, especially if you find yourself a captive audience on a crowded airplane or at a dinner party where the main dish is composed mostly of quinoa.

Of course, it depends on the quality of the trivia. There is boring trivia, and then there's the stuff you simply can't get enough of. If you ask me, we spend too much time on the boring stuff—especially on quiz shows like Jeopardy and the Million Second Quiz. It's all about the prize money, but

the trivia? Meh. It doesn't have to be that way. Did you know that the universe is shaped like a vuvuzela (that annoying South African soccer horn)? Well, you do now. Just try to forget it.



Paul Sullivan

metronews.ca

Or how about: In 2008, a man in Ohio was arrested for having sex with a picnic table. How could you not want to know that?

There's more: Did you know that Saddam Hussein's secret bunker was designed by the grandson of the woman who built Hitler's secret bunker? All in the (Bunker) family..

You need to know this stuff. And there's plenty more where that came from. Precisely 1,224 items in a book created by the people behind the British quiz show QI called 1,227 Quite Interesting Facts to Blow Your Socks Off (a quite interesting book).

British quiz shows are more interesting than North American quiz shows because they're not exercises in crass one-upmanship

for cash, not that there's anything wrong with that. But QI understands the true beauty of trivia. Once you know that Italy's biggest business is the Mafia, accounting for \$178 billion a year and seven per cent of that country's GDP, you will hold your own wherever you sit at the table.

Trivia is important because "everyone is entitled to their own opinions, but they are not entitled to their own facts" according to legendary U.S. Senator Daniel Patrick Moynihan (1927-2003), which is the epigraph at the outset of 1,227 Facts. If you simply can't stand to sit through yet another fatally flawed socio-politico-econo-cultural analysis of this or that big issue, simply wait for a lull in the conversation and let'em have it with the big guns.

Did you know that a female ferret will die if she doesn't have sex for a year?

And if that doesn't do it this will: The founder of match.com, Gary Kremen, lost his girlfriend to a man she met on match.com.

You won't even need to justify the interruption and it will instantly dispel any conversational fog built up in the room.

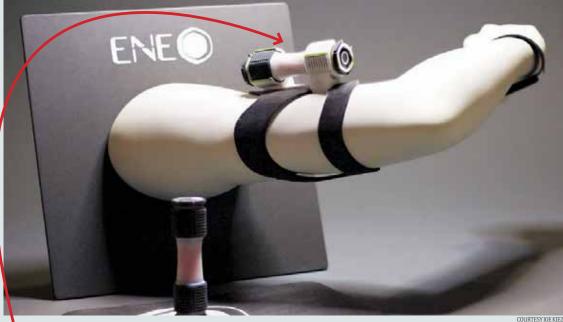
Now, if you're getting bored, here are a couple of quickies to chew on as you head into work this morning:

Light travels 18 million times faster than rain. And Beyoncé is the eighth cousin, four times removed, of Austrian composer Gustav Mahler.

Beats crack cocaine or peanuts, doesn't it?

ZOOM

Battery drained? Use elbow grease



Device charges gadgets with human energy

You have lots of energy to make it through the day, but your cellphone battery doesn't. Not

A student from Humber College, in Toronto, has designed a device that could harvest kinetic energy from human motion to generate

energy to charge a wide variety of gadgets such as cellphones, MP3 players, smartphones and tablets. The current design dubbed ENE — has theoretically demonstrated it can charge 20 times faster than traditional electric methods.

Designed by college student Joe Kiez, the innovation has been nominated and shortlisted for the James Dyson

James Dyson Award

- An international design award from Sir James Dyson, famed U.K. vacuum inventor.
- College and university students from 18 countries compete.
- The winners will be announced Nov. 7.

Power of the people

"If you move, you are using and outputting power. Anyone and everyone that moves has the potential to create harvestable energy."

Joe Kiez, Humber College student and James Dyson Award nominee



Train? Check. Cross-train? Check. Blog, tweet, Instagram? Check. For many athletes, physical training is just one part of 'making it' as a professional athlete, while hollering at fans and drawing attention to the sport is another (especially for our dear Canadian athletes). Meet Canada's blogging, tweeting, Instagramming runners:

Rob Watson:

ogduRob.com sheds some light on the life of the London, Ont.-born runner who "digs the sport and digs the grind." You can also find him at

Reid Coolsaet:

There's more to this runner's Instagram account than races and roads, follow @reirdcoolsaet for arty portraits, landscapes and even beer drinking. As well, find his ramblings at Float On blog at reidcoolsaet.com.

Twitter

@metropicks asked: Three Toronto firefighters were fired for sexist tweets. Should a boss be allowed to axe for personal tweets?

@Cazzy: It's up to the individual to make sure their online presence is hidden enough to not affect their

@johnkuypers: Firing 3 Toronto firemen over sexist tweets could be the worst leadership move I've seen in a

Follow @metropicks and take part in our daily poll.

Comments

RE: Three Toronto Firefighters Sacked Over Sexist Tweets; Unions Express Anger, published Sept. 17

Unions should not be allowed in any governmental office. The provincial statutes and federal laws should be enough.

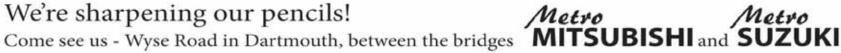
David Fletcher posted to metronews.ca

VE WANT TO HEAR FROM YOU: Send us your comments: halifaxletters@metronews.ca



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We're sharpening our pencils!





Love in the time of technology

Aziz Ansari. Comedian aims to hit a deeper chord with audiences in his newest set. which will headline Toronto's JFL42 festival

Have you heard the one about the Indian comic? Because Aziz Ansari has — and he's

pretty bored with it.

After enduring some racially inspired jabs at the hands of some of comedy's top stars for Comedy Cen-tral's recent roast of bleary-eyed James Franco, Ansari took his turn at the dais and shooting back, with his trademark earnestness: "I think it's so cool that some of you guys were able to travel back in time to 1995 for some of those Indian jokes you did. That's so cool!"

"Even with the sitcoms these days, it's people like me or Mindy Kaling and others
— there's no 7-11 jokes or
anything like that. I think
the culture really has moved
beyond that stuff, and that's
why it was kind of jarring to why it was kind of jarring to hear those kinds of jokes and it's like, 'Really, you're really going to go there with this; you think that stuff is rel-evant anymore?"' he said in an interview.

He's certainly been around He's certainly been around the stand-up circuit long enough, too — 12 sneaky years for the comedian with the boyish features and the contagious on-stage excitability, who has risen to fame

by stealing scenes in the NBC comedy Parks and Recreation as the cad Tom Haverford, and in the 2009 Judd Apatow vehicle Funny People.

Now, he's set to headline Toronto's JFL42 comedy fes-tival, which will mark one of the first large-venue crowds that will see his new, still-untitled hour of comedy, exploring love in the time of technology — an issue in which, he says, he has some expertise.

"It's what I'm dealing with in my life — dating, trying to find someone, maybe not trying to find someone," said the 30-year-old. "I write my standup about whatever's consuming my head and when I was writing this stuff, that's what

I was doing a lot.

"It was like, 'Man, this is such a weird time to be a person trying to find love. It's a very frustrating time in a lot of ways.' And it's struck a chord, with both men and women."

While his previous sets featured more standard comedic observations — stories about his North Carolina upbringing, about the timesucking properties of the In-ternet, and the hijinks of his wide-eyed little cousin Harris

wide-eyed little cousin Harris
— he calls this set his most
difficult yet, aiming to spew
his emotional guts while
busting his audience's too.

"(With this set) I really
tried to hit in a deeper way
than I did with the other
shows. This one, I'm really
trying to do something different and I think I mull it off ferent and I think I pull it off, but we'll see.'

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metronews.ca Wednesday, September 18, 2013

Bullock comes to terms with divorce

It's taken more than three years, but Sandra Bullock is gaining some perspective on the disintegration of her marriage to Jesse James after his infidelity came to light. "We're all where we're

supposed to be," Bullock tells Vogue.
"I am exactly where I

want to be now. You can't go backward. I'm not going backward. I'm grateful that



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I'm here, blessed to have what I have. Nobody can be prepared for anything."

Weeknights at 6 K8 counts do the HOTTEST songs of the da Capital Cities Safe and Sound Miley Cyrus Wrecking Ball Katy Perry Roar Drake Hold On, We're Going Home Avicii Wake Me Up

METRO DISH

The Word

Robin Williams returns to TV because he's broke

THE WORD

scene@metronews.ca

It's a sign of the times that so many movie stars quietly return to television after a few years or decades. Most will claim it's because TV is so creatively vibrant now, or whatever.

Not Robin Williams. He'll happily admit that he signed on to his new TV series The Crazy Ones, with Sarah Michelle Gellar, for the dough, which will then



"The idea of having a steady job is appealing," Williams told Parade Magazine. "I have two (other) choices: go on the road doing stand-up, or do small, independent movies working almost for scale

(minimum union pay). The movies are good, but a lot of times they don't even have distribution. There are bills to pay. My life has downsized, in a good way. I'm selling the ranch up in Napa. I just can't afford it anymore."

Impressively candid. Most movie stars, even if their star has clearly dimmed, don't like to admit they're not high rollers anymore.

And Williams has two ex-wives, which he admits takes a big bite out of his

income.
"Divorce is expensive. I used to joke they were going to call it 'all the money,' but they changed it to 'alimony.' It's ripping your heart out through vour wallet.



Theroux scaling back his art collection

Justin Theroux admits that building a life together with Jennifer Aniston has meant some compromises — like ditching some questionable artwork.

"They're just these open mouths, with tongues, and in the throats are different stages, labeled, of syphilis and gonorrhea and whatever. Those definitely found a great place in my office in L.A. They weren't going to be above the fireplace anytime."

Free Public Lecture

Harnessing Math To Understand Tipping Points





Speaker:

MARY LOU ZEEMAN Wells Johnson Professor of Mathematics, Bowdoin College

Theatre B **Tupper Building** Dalhousie University 5850 College Street, Halifax, NS Friday, September 27, 2013 7:00 pm





all are welcome to the reception following the lecture www.aarms.math.ca







SCHEDULE SEPTEMBER 18

SUPER CHANNEL FESTIVAL LOUNGE

Georgian Lounge, Lord Nelson Hotel, 1515 South Park Street September 12-19, 12:00PM – 12:00AM

The Super Channel Festival Lounge is open throughout the 33rd Atlantic Film Festival, beginning at noon, each day. Before a film or after, it is the place for Festival delegates and film lovers to meet, drink & be merry! Relax with a special themed cocktail, take advantage of our phone & computer charging stations, enjoy "Coffee Talks" with local industry professionals and be entertained by performances from Atlantic Canadian film score composers. Check out the daily video-blog on the Atlantic Film Festival Youtube and Facebook pages, for all of our scheduled events.

Enhance your film festival experience at this year's Super Channel Festival Lounge!

FROM SCREEN TO SCORE

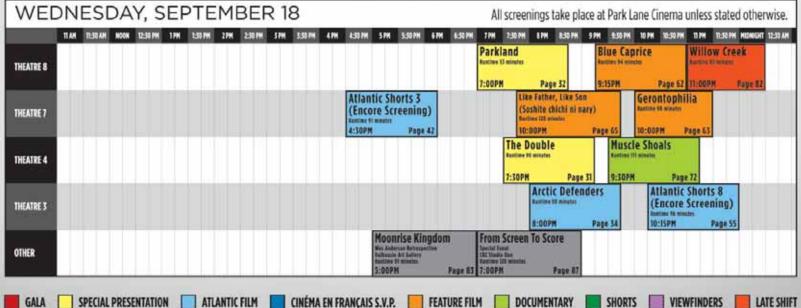
CBC Studio 1, 1840 Bell Road

Wednesday, September 18, 7:00 PM

Admission: \$20 (Not included in All-Access Pass)

From Screen To Score, a special presentation from CBC and the Atlantic Film Festival, featuring the talents of musicians Shehab Illyas, Asif Illyas, Chris Pauley, Ron Hynes, Kim Dunn, Kris MacFarland, Meghan Smith, Joined by filmmakers, Jason Buxton and Michael Ray Fox. The evening's program will include performance and dialogue about what it means to create one of the deepest collaborations that happens in film, pictures and sound coming together. The centerpiece of this event will be the premiere of Shehab Illyas' new motion picture music album, TOP OF THE WORLD.





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LIVE LIKE NEVER BEFORE



metronews.ca Wednesday, September 18, 2013

Sunny days in Los Angeles

Guide. From star-style fare to more budgetfriendly options, this city has it all



BYFRS bverstravel.com

It's impossible to capture such an immense city in one story so I'll keep this focused on Hollywood and downtown Los Angeles, which has seen an incredible resurgence.

Sleeping The Roosevelt, a Thompson property, was home to the first Academy Awards ceremony, which lasted only minutes (if only it were still the case). Marilyn Monroe often did photo shoots at the pool and used to sleep there regularly, amongst other things. There's a cool, old-fashioned, two-lane bowling alley in a funky upstairs bar, an airy, Spanish-looking lobby and fun, modern rooms. Prices in October from \$299. Downtown, The Standard offers a chic rooftop bar and rooms from \$225. There's also the sleek Ritz Carlton, part of the L.A. Live entertainment complex. There's a beautiful pool and bar on the 26th floor and a Wolfgang Puck restaurant. Rooms in October from \$419.

Dining

Try Public at the Roosevelt in Hollywood for grilled octopus or even rabbit, served in a bright room with diamond-tufted banquettes and lots of dark wood. The



burgers at the hotel burger bar, called 25 Degrees, have been voted L.A.'s best many times. They also serve up a chocolate milkshake with, um, Guinness. A personal favourite for budget types is Tommy's Burgers at Beverly and Rampart, where the gooey, napkin-destroying chiliburgers are legendary. Downtown, near Union Station, you'll find Philippe's original. The place has hardly changed in decades, right down to the pickled eggs on the counter and the wait staff. Angelenos of all colours and creeds gather to munch on roast beef French dip sandwiches (ask for a double dip for more juice)



and local beers. It's just 65 cents for lemonade and 45 for coffee. Former mayor

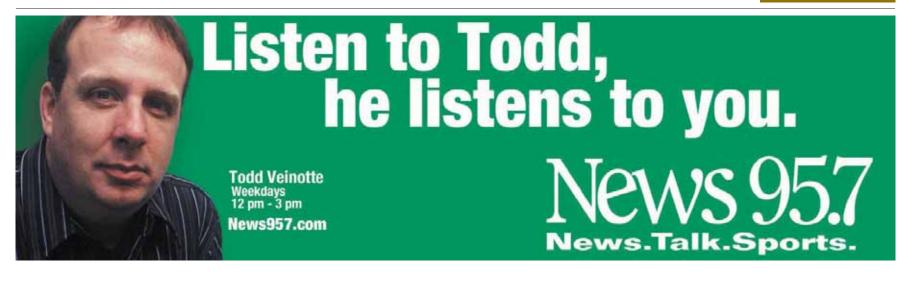
Richard Riordan runs the Original Pantry. They serve up excellent hash browns

Olvera Street is an old Mexican-American area with souvenir stands selling cheap, colourful guitars and great knickknacks for a few bucks. You can dine on cheap burritos or tacos and watch mariachi hands in full dress Wander down to the Disney Concert Hall, designed by Ontario's own Frank Gehry. The nearby Angels Flight is an old-time funicular that takes you up (or down) Bunker Hill for 50 cents and is billed as the shortest railway in the world (just shy of 91 metres) The Grand Central Market has gorgeous produce and a shop selling jars of sarsaparilla, comfrey, ginger and more. Want a real change? Try a horseback ride in the hills with the folks at Sunset Hollywood Ranch), where you'll find remnants of southern California's cowboy culture and outstanding views.

and spicy Portuguese sausage at breakfast.

Drinking

The Library Bar at The Roosvelt is a tiny spot with dark wood and zebra-striped Bartenders have chairs. locally grown herbs on the counter and will mix a drink to your taste. I had bourbon with lemon and rosemary that was fresh and flavourful. Just down the road, Musso and Frank is known for both steaks and perfectly dry martinis served in an old-time setting. There's a cool rooftop spot at Perch on Hill Street, complete with fireplaces. (Hey, it can get cold in L.A.



metronews.ca Wednesday, September 18, 2013

Faster, lighter, cheaper chili



There is enough here for two plus lunch.

Hearty beef chili gets so boring and this version is faster, lighter and contains more delicate flavours.

Buy ground chicken on sale in a large pack and break it down into smaller, useable packages.

Wrap tightly to freeze and it will last you a year. Better yet, double or quadruple this recipe and freeze the cooked chili and save yourself both time and money.

- **1.** Bring chicken stock to boil in a large skillet.
- **2.** Add all ingredients except beans; cover and simmer to blend flavours, about 15 minutes
- **3.** Add kidney beans, undrained; simmer until heated through, about 5 minutes.

THERESA ALBERT IS A FOOD COMMUNI-CATIONS SPECIALIST AND TORONTO PRIVATE NUTRITIONIST. SHE IS @THER-ESAALBERT ON TWITTER AND FOUND DAILY AT MYERIENDINFOOD.COM

Ingredients

- 1/4 cup chicken stock (\$0.40)
- 1, medium onion, chopped (\$0.88)
- 1 large clove garlic, minced (\$0.05)
- 1/2 lb ground chicken (\$3)
- 1/4 cup drained canned green chilies, coarsely chopped (\$1.29)
- 1/2 tsp dried oregano (\$0.03)
- 1/2 tsp ground cumin (\$0.05)
- 1/2 teaspoon ground coriander (\$0.07)
- pinch ground cloves (\$0.01)
- pinch tsp cayenne pepper
- 16 oz white kidney beans (cannellini beans) (\$1.29)

Total: 7.08/ per serving: \$1.77



Drink of the Week

Passionate Sangria

As summer comes to an end, sip your way into fall with this Passionate Sangria. It's not only tasty but also easy to make.

- 1 bottle (750 ml) Solaz Tempranillo Cabernet Sauvignon
- Tempranillo Cabernet Sauvignon

 2 oz Duff Gordon brandy
- 2 oz Cinzano sweet red vermouth
- 1 cup pineapple juice
- 1 cup passion fruit juice
- Slices of oranges, lemons and limes (seeds removed)

Add all ingredients into a pitcher and gently stir. Refrigerate for 4-10 hours. Remove from refrigerator, add ice and stir gently

before serving.

RECIPE & PHOTOS COURTESY OSBORNE SOLAZ



Great heights reached in a growing field

Best of the business.

Interested in being an engineer? Check out these manmade marvels of the engineering field

MEGHAN GREAVES

"Big opportunities" are words often used when describing the perks of an engineering career. That's because engineers have competitive salaries, job growth, wide career variety, full benefits, and much more!

Beyond job perks, one of the greatest things about being an engineer is the innovative projects you will have the opportunity to be part of. Engineers have built historic innovations achieved monumental feats that just can't be described in a job description.

So, we decided to compile a list of some of the greatest engineering projects of all time. Read on to get to get that extra push toward the profession.

Technology engineers worked for decades to turn the Internet into what it is

From its initial launch as a research, military and science tool in the 1950s, the Internet has grown to become a critical tool for everyday work and life. Future software and technology engineers will undoubtedly rely on this valuable invention throughout their careers!

Transcontinental Railroad

Before the ground-breaking construction of the continental Railroad, it would take on average five to six months of dangerous and expensive travel to cross the country! It took six years to complete the project, which was mostly done by hand. Engineering the railroad led to more money, jobs, immigrants, and expansion, which changed the way

ng strikes, and thermal movements. Aspiring civil engineers will ilarly need to draft building plans with Earth's movements and weather

the nation functioned forever.

The Hoover Dam

The Hoover Dam was initially thought to be an impossible feat. But with the hard work and dedication of 200 engineers, the Hoover Dam was built and turned the flood-prone Colorado River into a source of economic development. To ensure the project was successful, engineers took into consideration weather, seismic activity, thermal movements, vehicle power, and structural bearings. The dam was fully completed by 1935, and is expected to last another 100 years!

Health technologies

Until the 20th century, medical diagnoses were often based on doctor's intuition rather than concrete evidence. Throughout the 1900s, medical engineering achievements aimed to change this. From the first electrocardiograph machine in 1903, to the creation of the

pacemaker in 1930, medical engineers have played a vital role in developing live-saving health technologies.

The moon landing

The first moon landing remains one of the most extraordinary engineering feats of all time. Considering that in 1969, technology was in a huge transitional phase, it's crazy to think that an achievement such as this was accomplished during a time of punch cards and gigantic computers!

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Granite & Marble Fabricator

15 Lakelands Boulevard, Halifax, NS B3S 1G4, Canada

Job Type: **Full-Time**

Granite & Marble Fabricator wanted for shop in Bayers Lake Park in Halifax. Full time employment, starting at \$15/hr Minimum 5 years experience.

in Bayers Lake restaurant

Address: 15 Lakelands Boulevard. Halifax, NS B3S 1G4, Canada Job Type:

Full-Time

Cook wanted for restaurant that specializes in Greek/European Cuisine, full time employment, must have at least 3 years experience, and starting at \$13/hr.

Greek/Middle Eastern pastries

15 Lakelands Boulevard, Halifax, NS B3S 1G4, Canada

Pastry Makers specializing in Greek/Middle Eastern pastries needed for Pastry Shop in Bayers Lake Park, minimum 5 years experience, starting at \$13/hr.

For more info please call Peter at 830-3445

STUDYING ABROAD CAN OPEN DOORS

The Study and Go Abroad Fair, now in its 20th year, features top universities and student travel companies from around the world offering undergraduate and postgraduate programs, gap year options and adventure travel for students of all ages.

A full program of information seminars on a range of exciting study and travel topics is scheduled throughout the day on Sept. 24, starting at 10 a.m. with Why Study in Scotland?

The trend towards "internationalizing" education in Canada continues in an upward spiral as generation Y realizes the importance of becoming "global citizens."

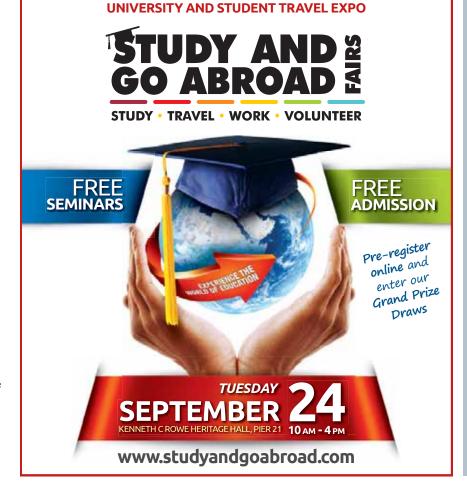
Skills learned while studying abroad can enhance a resumé and differentiate graduates from their peers when applying for that dream job. Students and their families visiting the Study and Go Abroad Fair can meet

with top-ranked universities from around the world to find out about diploma programs, undergraduate and postgraduate programs abroad, as well as available scholarships.

Exhibiting institutions, several of which rank in the top 100 universities worldwide, will be showcasing programs in medicine, pharmacy, engineering, hotel management, business, technology, science, culinary and liberal arts, and many other fields. Visitors who are planning a gap year, to work abroad, volunteer or simply travel, can visit the Travel Zone.

Seminar schedules and exhibitor profiles can be found at studyandgoabroad.com, as well as details of the grand prize draw.

Prizes include an international flight to anywhere in the world on Air Canada and a volunteer trip to Africa. Admission to the fair is free.



CANADA'S LARGEST INTERNATIONAL





Fucale committed to pushing his limits

QMJHL. After signing with the Habs, Herd netminder knows he still has a lot to prove



ANDREW RANKIN

Four minutes.

The Montreal Canadiens' intrasquad game on Saturday had just finished. Two hundred and 40 seconds later, Zachary Fucale signed with the club.

The scene was fairly straightforward. The Halifax Mooseheads netminder was in a room with his agent and Montreal Canadiens general manager Marc Bergevin. A three-year entry-level deal was

"I didn't want that game to end. I was having so much fun; I was really happy and proud." Zachary Fucale

The 18-year-old had just played a period and a half of shutout hockey at the Bell Cen-

A pretty good day.

36th overall by the Habs in June's NHL draft. "It was really special. It was such a huge moment, I could feel it.

"It wasn't easy," he said about his camp experience. "But it's good for me to live those sorts of experiences right

"Guys are so much smarter, bigger and stronger. There's always someone screening you. It's so hard to get to the puck, to follow it. You have to be fast and quick but you can never be fast enough. You always have to be pushing the limits."

He describes his pre-season debut on Sunday against the Buffalo Sabres, where he stopped 11 of 13 shots, as a

Now he's back in Hali-

fax and his immediate focus is on the Mooseheads. With that comes a desire for daily improvement.

'I'm going to tell myself to keep pushing the limits for myself, keep getting better at this

There's no question in his mind that his team will bounce back from its back-to-back season-opening losses.

We have to keep working hard together, keep regrouping, keep being confident. We have a good team here. We'll have to fight for our points, it's not going to be easy.

As for his long-term goal, he's confident the NHL is in his

"I'm really confident I can play at that level. I just have to keep trusting myself and keep working at being the best I can

Super Bowl

Premium tickets double in price

Super Bowl fans can prepare to pay double for the best seats.

The NFL expects the most expensive tickets for its championship game will be about \$2,600 each for 9,000 premium seats for the Feb. 2 game at MetLife Stadium in East Rutherford, N.J. That's more than twice the \$1,250 cost for similar tickets at last season's Super Bowl in New Orleans.

The next tier of seats is expected to go for \$1,500, compared to \$950 in New Orleans. About 40 per cent of general admission seats will be under \$1,000.

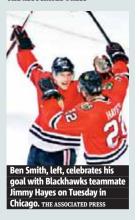
NHL pre-season

Reigning cup champs still rollin'

Patrick Sharp and Ben Smith scored 1:09 apart late in the second period, Corey Crawford made 19 saves and the defending Stanley Cup champion Chicago Blackhawks opened the pre-season with a 2-0 win over the Detroit Red Wings on Tuesday night.

Crawford, who played every minute of Chicago's playoff run, stayed in for the entire game.

THE ASSOCIATED PRESS



"It was my first time really playing at the Bell Centre, said Fucale, who was drafted

Growing up in the Montreal area and watching countless Canadiens games, Fucale was as thrilled as you might expect.

But there's lots of work to do before his dream becomes

Andrews looking to make most of overage year

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It's his last season with the Halifax Mooseheads, and Brent Andrews intends to make it count.

Fresh from attending the Anaheim Ducks training camp, the all-purpose forward is back knowing he has a lot to offer the Herd.

"I just want to give everything in my last year," said Andrews, who's entering his fifth

year with the team. "I want to make sure it's a memorable one. I've been here my entire junior career. That's a pretty special thing for me and I just want to make the most of it."

The former 2011 Nashville Predators draft pick said he arrived at the Ducks' camp assuming nothing and with an open mind. He took note of the subtle details: the way the

pros prepare before and after games, the way they suddenly react to different game situations.

"I just wanted to be a sponge," he said. "I didn't have my heart set on anything when I arrived there. I just wanted to arrive and give it everything I had, and if something came about from it, that would be great, but I think I'm a better player."

Andrews will help the Mooseheads in virtually every area, from penalty killing to faceoffs. He'll also be counted on to chip in offensively.

"I'm eager to get going. I'm excited to be back and helping the boys. I'm proud to have worn the Mooseheads jersey for the last five years."

ANDREW RANKIN/METRO



Orioles close in on wild card

Chris Davis of the Baltimore Orioles hits a home run in the 6th inning against the Boston Red Sox at Fenway Park on Tuesday. Danny Valencia tripled to stop closer Koji Uehara's streak of 37 consecutive outs and scored on Matt Wieters's sacrifice fly in the ninth inning as the Orioles beat the Red Sox 3-2. Baltimore sits 1.5 games back from the Indians, who beat the Royals 5-3, and two games back from the Rangers, who pulled even with the Rays at the top of the AL wild-card race after snapping a seven-game losing streak with a 7-1 victory. IIM ROGASH/GETTY IMAGES

Sexual abuse case

U.S. appeals court to decide on Jerry Sandusky retrial

Jerry Sandusky's lawyer faced skeptical questioning Tuesday from three judges on the Pennsylvania appeals court over his client's request that they order a new trial in his child sexual abuse case.

The arguments made on behalf of Sandusky, the former Penn State assistant football coach, include that his lawyers didn't have time to prepare for trial, that a prosecutor made improper references to Sandusky not testifying and that the judge mishandled jury instructions. The Superior Court judges did not indicate when they would rule.

Šandusky, 69, is serving a 30- to 60-year state prison sentence after being convicted last year of 45 counts of child sexual abuse.

He was not in the packed courtroom for the argument session, held in a county courthouse in Wilkes-Barre as part of the court's initiative to make its business accessible to a wider public. THE ASSOCIATED PRESS

UFC. No Bones about the favourite in bout for light-heavyweight title

He has never been knocked down or taken down in his UFC career. His one loss was in reality a win, with his injured opponent needing surgery afterwards.

Light-heavyweight champion Jon (Bones) Jones became the UFC's youngest-ever champion in March 2011 when, at 23 years eight months, he defeated Mauricio (Shogun) Rua

Now 26, Jones is the undisputed pound-for-pound king of mixed martial arts. And the American continues to rewrite the record book.

Jones (18-1) has lost just one round in his 13-fight UFC career. And the 205-pounder made former champion Lyoto (The Dragon) Machida pay for that first round at UFC 140 in Toronto, locking on a standing guillotine choke in the second round before dropping the unconscious Brazilian onto the canvas with a thud.

On Saturday, Sweden's Alexander (The Mauler) Gustafsson becomes the latest to attempt to derail Jones when the two face off at UFC 165 at Toronto's Air Canada Centre. It will be Jones' third championship fight in the Ontario capital.



At six foot five, Gustafsson (15-1) is a rare fighter who is taller than the 6-4 Jones.

A perhaps over-enthusiastic UFC TV promo calls the Swede "the toughest test of (Jones') career." The bookies aren't buying it, installing Jones as anything from a 7-1 to 12-1 fa-

Jones is tied for most consecutive title defences (five) and most finishes (nine) in UFC light-heavyweight history. He already holds the record for most submissions (five) by a light-heavyweight.

THE CANADIAN PRESS

Injuries. Blue Jays slugger Encarnacion, pitcher Cecil done for the season

Toronto Blue Jays first baseman Edwin Encarnacion is scheduled to undergo wrist surgery this week and will miss the final two weeks of the regular

The all-star slugger will have cartilage damage repaired in his left wrist.

'They said it's a simple procedure to clean it out," manager John Gibbons said before Tuesday's home game against the New York Yankees. "He's been dealing with it all year and just got to the point where his bat launch (letting go of the bat on his swing) became too frequent. You could tell he was battling it."

Gibbons said that left-handed reliever Brett Cecil would also go on the disabled list with a sore elbow. Cecil will have an MRI exam this week.

"He's had some elbow discomfort for a little over a month," Gibbons said. "He hadn't been pitching much. He'll get an MRI in the next few days. They don't think (it is serious) but he will get it checked



<u> Toronto's Edwin Encarnacion wil</u> undergo wrist surgery this week SS D. FRANKLIN/THE ASSOCIATED PRESS FILE

Encarnacion finishes the season with 36 homers, 104 runs batted in, a .272 batting average and an on-base percentage of .370.

"He's had it on and off all year," Gibbons said. "That was the plan anyway, that he was going to have to get it cleaned up but it just got to the point now where he (needed surgery)." THE CANADIAN PRESS

MLB

Dickey, Jays deal Yankees their 4th straight loss

Colby Rasmus and Rajai Davis homered and R.A. Dickey struck out eight in seven shutout innings as the Toronto Blue Jays defeated the New York Yankees 2-0 on Tuesday.

Rasmus hit his 21st homer of the season — and third in three games since returning from the DL — in the fourth inning against Andy Pettitte. Davis hit his sixth of the season against right-hander Shawn Kelley in the seventh.

The loss in the opener of a three-game series was the fourth in a row for the Yankees (79-72), who entered Tuesday 2 1/2 games out of an American League wild-card spot.

The Blue Jays (69-81) have won only twice in their first seven games of a nine-game homestand.

Dickey (13-12), meanwhile, held the Yankees to four hits and two walks to win his fourth consecutive decision. THE CANADIAN PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION				
	W	L	Pct	GB
Boston	92	60	.605	_
Tampa Bay	82			9
Baltimore	80			11
New York	79			121/2
Toronto	69	81	.460	22
CENTRAL DIVISION				
Detroit	88	63	.583	_
Cleveland	82	69	.543	6
Kansas City	79	72	.523	9
Minnesota	64	86	.427	231/2
Chicago	60	91	.397	28
WEST DIVISION				
Oakland	88	62	.587	_
Texas	82	68	.547	6
Los Angeles	73	77	.487	15
Seattle	66	85	.437	221/2
Houston	51	100	.338	371/2

Baltimore 3 Boston 2 Chicago White Sox 4 Minnesota 3

Cincinnati 10 Houston 0 Cleveland 5 Kansas City 3 Detroit 6 Seattle 2 Texas 7 Tampa Bay 1 L.A. Angels at Oakland

Monday's results Chicago White Sox 12 Minnesota 1

Cincinnati 6 Houston 1
Detroit 4 Seattle 2
Kansas City 7 Cleveland 1 L.A. Angels 12 Oakland 1 Tampa Bay 6 Texas 2 Wednesday's games — All Times Eastern

Minnesota (Diamond 5-11) at Chicago White Sox (Danks 4-13), 2:10 p.m. L.A. Angels (Vargas 8-7) at Oakland (Griffin 14-9), 3·35 n m

N.Y. Yankees (Hughes 4-13) at Toronto (Happ 4-6), 7:07 p.m. Seattle (Iwakuma 12-6) at Detroit (Verlander 13-11), 7:08 p.m.
Texas (Holland 9-9) at Tampa Bay (Archer

9-7), 7:10 p.m. Baltimore (Chen 7-7) at Boston (Peavy 11-5),

Cincinnati (Revnolds 1-2) at Houston (Peacock 5-5), 8:10 p.m. Cleveland (Salazar 1-2) at Kansas City (Chen 7-3), 8:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	VV	L	PCC	UD
Atlanta	89	62	.589	_
Washington	81	70	.536	8
Philadelphia	71	80	.470	18
New York	67	83	.447	211/2
Miami	55	96	.364	34
CENTRAL DIVISION				
St. Louis	88	63	.583	_
Pittsburgh	87	64	.576	1
Cincinnati	86	66	.566	21/2
Milwaukee	67	83	.447	201/2
Chicago	63	88	.417	25
WEST DIVISION				
Los Angeles	86	64	.573	_
Arizona	76	73	.510	91/2
San Diego	70	80	.467	16
San Francisco	70	81	.464	161/2
Colorado	69	83	.454	18

Tuesday's results Milwaukee 4 Chicago Cubs 3 Philadelphia 6 Miami 4

San Diego 5 Pittsburgh 2 San Francisco 8 N.Y. Mets 5 St. Louis 11 Colorado 4 Washington 6-4 Atlanta 5-0 L.A. Dodgers at Arizona

Monday's results Arizona 2 L.A. Dodgers 1 Colorado 6 St. Louis 2 Milwaukee 6 Chicago Cubs 1 Philadelphia 12 Miami 2

San Diego 2 Pittsburgh 0

Atlanta at Washington (ppd., local shooting) Wednesday's games — All Times Eastern San Diego (Ross 3-8) at Pittsburgh (Morton

7-4), 7:05 p.m. Miami (Eovaldi 3-6) at Philadelphia (Miner 0-1), 7:05 p.m.

Atlanta (Wood 3-3) at Washington (Ohlendorf 4-0), 7:05 p.m. San Francisco (Cain 8-9) at N.Y. Mets (Harang

0-1), 7:10 p.m. Chicago Cubs (Rusin 2-4) at Milwaukee (Thornburg 2-1), 8:10 p.m.

St. Louis (Wainwright 16-9) at Colorado (Chatwood 7-4), 8:40 n m L.A. Dodgers (Fife 4-3) at Arizona (Mc-Carthy 4-9), 10:10 p.m.

CFL EAST DIVISION

	GP	W	L	Т	PF	PA	Pt			
Toronto	11	7	4	0	321	288	1			
Hamilton	11	5	6	0	288	303	1			
Montreal	11	4	7	0	259	321				
Winnipeg	11	2	9	0	224	333				
WEST DIVISION										
Calgary	11	9	2	0	346	268	1			
Saskatchewan	11	8	3	0	354	258	1			
B.C.	11	7	4	0	301	280	1			
Edmonton	11	2	Q	Λ	259	301				

Friday's game - All Times Eastern Edmonton at Winnipeg, 8 p.m.

Saturday's games Montreal vs. Hamilton (at Moncton), 4 p.m.

Toronto at Calgary, 7:30 p.m. Sunday's game B C at Saskatchewan, 4:30 n m

NFL

Monday's result Cincinnati 20 Pittsburgh 10

Sunday's results
Green Bay 38 Washington 20
Arizona 25 Detroit 21 Baltimore 14 Cleveland 6 Denver 41 N.Y. Giants 23 San Diego 33 Philadelphia 30 Houston 30 Tennessee 24 Atlanta 31 St. Louis 24 New Orleans 16 Tampa Bay 14 Oakland 19 Jacksonville 9 Miami 24 Indianapolis 20 Chicago 31 Minnesota 30 Seattle 29 San Francisco 3 Buffalo 24 Carolina 23

Thursday's game — All Times Eastern Kansas City at Philadelphia, 8:25 p.m.

Friday's game — All Times Eastern Colorado at Portland, 10 p.m.

Saturday's games
Vancouver at Montreal, 2 p.m.
Kansas City at Toronto, 4 p.m.
Chicago at Columbus, 7:30 p.m.
D.C. at New England, 7:30 p.m. Chivas at Houston, 8:30 p.m. San Jose at Salt Lake, 9 p.m. Seattle at Los Angeles, 10:30 p.m. Sunday, September 22 Dallas at New York, 5 p.m.

28 **DRIVE** metronews.ca Wednesday, September 18, 2013

The 2014 GMC Sierra



ALL PHOTOS WHEELBASEMEDIA.COM

Review. From top to bottom it's as new as it gets, right down to three brand new engines

MALCOLM GUNN

wheelbasemedia.cor

With nearly endless combinations of powertrains, features and cab choices, you would be hard-pressed to find two identical pickup trucks on the road.

That's certainly the case with General Motors' light-duty cousins — the Chevrolet Silverado and GMC Sierra — although both share the same basic structure and running gear. For 2014, each continues with its own style and attitude, although the "attitude" part is hard to define, exactly.

While Chevrolet positions the Silverado as a kind of middle-ground pickup for both work and play, in the Sierra's case those virtues are distinctly separated. More basic GMC models accentuate the "Professional Grade" tag and the pitch is directed at buyers who rely on their pickups to earn a living. At the opposite end of the scale is the Sierra Denali subbrand that places a much higher value on coddling content.

In either case, the Sierra's primary identification point can be spotted in your rearview mirror. The entire front end, including grille, headlights, bumper and in-your-face GMC logo, are more massive than before and in total make a bolder statement than the Silverado does. Of course as you scale the trim-level ladder the appoint-

2014 GMC Sierra

•Type. Two-/four-door, rear-/fourwheel-drive full-size pickup

•Engines (hp). 4.3-litre OHV V6 (285); 5.3-litre OHV V8 (355); 6.2-litre OHV V8 (420)

 Transmissions. Six-speed automatic

Base price (incl. destination) \$27,800

GMC vs Chevy

Some minor sheetmetal differences exist between the Chevy and the GMC, but that's about it. Even the interiors of the two pickups share the same basic dash, control panel and available touch-screen communications centre that are a masterstroke of efficient legibility.

Fuel Economy

Mated to a standard six-speed automatic transmission, fuel consumption is reduced to 11.9 l/100 km in the city and 8.4 om the highway (previously 13.7/9.1). V8 choices consist of a new 5.3-litre unit with 355 horses and 383 poundfeet, up from 315/335, and a 6.2-litre piece rated at

420/450 pound-feet. That compares to the previous 6.2's 403/417 rating. The new engine is based on the V8 in the new 2014 Corvette. The 5.3 is rated at 13.0/8.7 l/100 km, but the 6.2's fuel numbers have yet to be divulged, although GMC says it will have a 5,450-kilogram tow rating.

ments become more luxurious and the cabin resembles something approaching a high-end limo, especially in the four-door crew-cab models. Limo-quiet cabins have also been the focus of GMC's designers. Improvements in aerodynamics, insulation and weather sealing help shut out intrusive noises.

Note that for 2014 the rear doors of the double cab (which has smaller doors than the crew cab) are now front-hinged just like the crew cab's doors, as opposed to being rear hinged, to provide easier access to the back seat. Just as a greater use of aluminum in fabricating various body panels and suspension parts has kept the Sierra's weight in check, the V6 and V8 engines also benefit.

All use aluminum cylinder blocks and incorporate direct injection, whereby fuel is forcefed into the cylinders under high pressure. That allows the fuel load to be tailored for very specific use. There's also continuously variable valve timing for improved low- and high-speed performance, while half



the cylinders in V8 engines will automatically shut down in steady-state cruise conditions to save fuel. The V6 engine also runs on four cylinders in such situations.

What that all means is a standard 4.3-litre V6 — for all cab styles and in rear- and four-wheel-drive — that might have the same displacement as before, but now makes 285 horse-power and 305 pound-feet of torque. The old iron 4.3 was good for just 195/260 pound-feet. Now, that's good progress.

The 6.2 is standard in the

Sierra Denali, which has as a rather substantial list of content. Unique 20-inch chrome wheels adorn the exterior, while wood and leather (including heated and cooled front seats) coat interior surfaces.

The Sierra starts at \$25,100 for a basic V6 work truck, but heading into Denali territory and you could easily double that amount. Either way, with variety like this it's even more doubtful that you'll find two identical Sierras anywhere.

Compare



1Ford F-150 Base price: \$21,800



Ram 1500 Base price: \$26,500



Toyota Tundra Base price: \$27,800